

Groombridge and Hartfield Medical Group
New Patients aged 16 and over
Alcohol intake Screening

Alcohol Users Disorders Identification Test (AUDIT) C

Questions	Scoring System					Your Score
	0	1	2	3	4	
How often do you have a drink that contains alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How many standard alcoholic drinks do you have on a typical day when you are drinking?	1 - 2	3 - 4	5 - 6	7 - 8	10+	
How often do you have 6 or more standard drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	

Scoring: A total of 5+ indicates hazardous or harmful drinking

How much is too much? Screening Tools

This brief intervention package is based on the Drink-Less programme originally developed at the University of Sydney as part of a W.H.O. collaborative study.
©2006 Institute of Health & Society, Newcastle University. Produced by Design Services, Gateshead Council.

UNITS	 Pint of Regular Beer/Lager/Cider	 Alcopop or Can of Lager	 Glass of Wine (175ml)	 Single Measure of Spirits	 Bottle of Wine
-------	---	--	--	---	--

Name: _____
Date of Birth: _____
Date Seen: _____

Please bring with you to the new patient check